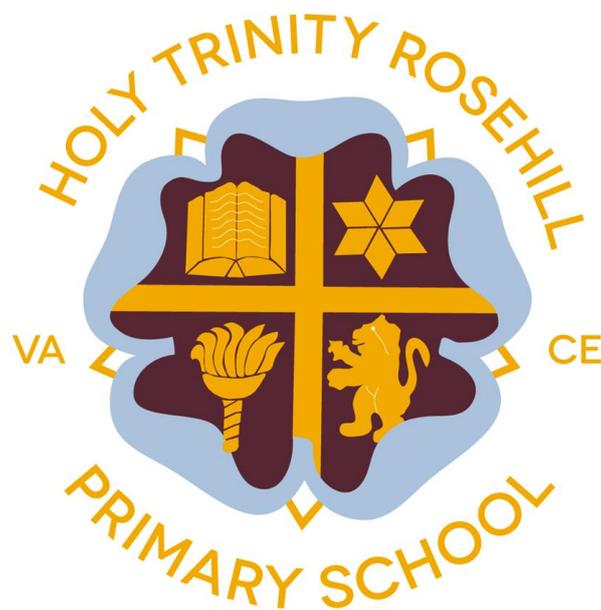


Holy Trinity Rosehill VA CE Primary School



PSHCE Policy 2015

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Policy for PSHE

School Philosophy

At Holy Trinity VA CE Primary School, Personal, Social and Health Education (PSHE) and Citizenship enables our children to become healthy, independent and responsible members of society. Our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. They learn how society is organised and governed and experience the process of democracy in school through the school council. We provide opportunities for them to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society.

General Statement

We see PSHE as being at the centre of the teaching and learning of our pupils. It has a positive influence on the ethos, learning and relationships in the school and therefore receives the full commitment and involvement of the school community as a whole.

Aims

- To provide every child with learning experiences that will enable them to achieve their potential and lead a fulfilling life.
- To meet the needs of all by taking into account the differences of gender, ability, ethnicity, cultural, social and religious backgrounds.
- To promote spiritual, moral and cultural, mental and physical development of pupils.
- To encourage parents and the community to play an active part in life at the school.
- To liaise with groups that benefit the school.
- To develop positive relationships and respect for others.
- To know and understand what constitutes a healthy lifestyle.
- To develop safety awareness.
- To be positive and active members of a democratic society.
- To develop self-confidence and self-esteem, and make informed choices regarding personal and social choices.
- To form good relationships with other members of the school and the wider community.

Statutory Requirements.

PSHCE is a subject for which non-statutory guidelines are provided in the National Curriculum. The three strands which are necessary for effective learning in all areas of PSHCE are Knowledge, Skills and Attitudes. These will be evident in all PSHCE teaching and will enable pupils to:

- Develop self-awareness and positive self-esteem.
- Become more mature, independent and self-confident.
- Learn to respect the differences between people and cultures.
- Learn to keep themselves and others safe.
- Develop effective and satisfying relationships.
- Make informed choices about their health, lifestyle and environment.
- Develop their sense of social justice and moral responsibility.
- Take more responsibility, individually and as a group to resist bullying.
- Begin to understand that their own choices and behaviour can affect local, national or global issues.
- Play an active role as members of the school and citizens in the wider society.
- Make the most of their abilities.

Teaching and learning styles in PSHE.

We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open day, or involvement in an activity to help other individuals or groups less fortunate than themselves.

We use a range of teaching and learning styles, including the children in activities such as discussions, role play, games, investigations and problem-solving activities. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or behaviour.

Children have opportunities to meet and work with members of the community, such as health workers, fire fighters, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community. Children take in different roles of responsibility during their school life.

Learning and Teaching PSHE throughout the school.

PSHCE cannot always be confined to specific timetabled time; therefore it is delivered within a whole school approach which includes:

- Discrete curriculum time.

- Many of the objectives are covered through other areas of the school's curriculum e.g. RE, Assemblies, Science and the 'hidden curriculum;' attitudes and expectations of behaviour promoted by adults in the school.
- Through PSHCE activities and school events.
- Through pastoral care and guidance.

Learning and Teaching PSHE in Foundation Stage

We support Citizenship Education in the Foundation stage through other areas of learning such as Understanding of the World (People and Communities) and Communication and Language. PSHE and Citizenship are covered through various strands of the Foundation Stage curriculum including those strands previously mentioned, as well as in Physical Development (Health and Self-care) and are taught in a topic based approach to develop each child's personal, social and emotional development. Specific lessons based on SEAL and the R.E. curriculum are also used in an integrated way.

Teaching PSHE and Citizenship to children with special needs.

At Holy Trinity Rosehill Primary School, we teach PSHE and Citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children, including those who are gifted and talented or have learning difficulties. When teaching PSHE and Citizenship we take into account the targets set for the children in their Individual Learning Programme (ILP's).

Resources.

In order to deliver a well- rounded PSHCE curriculum we draw on resources from the Primary National Strategy SEAL (Social, Emotional Aspects of Learning) framework. There are seven whole school themes to enhance children's ability to develop social, emotional and behavioural skills. Throughout the children's time at school these themes will be revisited to develop their skills further. All staff are encouraged to develop a repertoire of flexible, active learning methods.

These may include:

- Circle Time.
- Working in different group settings.
- Problem solving.
- Draw and Write approach.
- Working with feelings and imagination.
- Ground rules.

- School council.
- Drama and role play.
- Mind-mapping.

At Holy Trinity Rosehill CE (VA) Primary School we recognise the Healthy Schools Award as an effective vehicle to promote PSHE and Citizenship which offers an integrated whole-school process, set alongside nationally agreed criteria, looking at health issues in their wider sense.

Cross Curricular Links

We make every effort to make links across the curriculum. Many other subject areas make an excellent vehicle to promote PSHCE, for example:

- Literacy: skills in enquiry and communication, stories that illustrate aspects of personal development.
- Science: sex, health (including medicines), safety and the environment.
- Design & Technology: health and safety, healthy eating.
- Physical Education: teaching and learning about health and safety, development of personal and social skills through team and individual activities, games and sports.
- RE: religious and moral beliefs, values and practices that underpin and influence personal and social issues and relationships.
- Music: making the most of abilities in playing or singing, issues of cultural diversity, their value and their expression.
- Link to SEAL and behaviour policy.

New Curriculum Guidelines for PSHE.

Theme 1: Health and wellbeing.

Suggested Programme of Study for Health and wellbeing

Pupils should be taught:

1. What is meant by a healthy lifestyle.
2. How to maintain physical, mental and emotional health and wellbeing.
3. How to manage risks to physical and emotional health and wellbeing.
4. Ways of keeping physically and emotionally safe.
5. About managing change, including puberty, transition and loss.
6. How to make informed choices about health and wellbeing and to recognise sources of help with this.
7. How to respond in an emergency.
8. To identify different influences on health and wellbeing.

Theme 2: Relationships.

Suggested Programme of Study for Relationships.

Pupils should be taught:

1. How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts.
2. How to recognise and manage emotions within a range of relationships.
3. How to recognise risky or negative relationships including all forms of bullying and abuse.
4. How to respond to risky or negative relationships and ask for help.
5. How to respect equality and diversity in relationships.

Theme 3: Living in the wider world – Economic wellbeing and being a responsible citizen.

Suggested Programme of Study for living in the wider world.

Pupils should be taught:

1. About respect for self and others and the importance of responsible behaviours and actions.
2. About rights and responsibilities as members of families, other groups and ultimately as citizens.
3. About different groups and communities.
4. To respect equality and to be a productive member of a diverse community.
5. About the importance of respecting and protecting the environment.
6. About where money comes from, keeping it safe and the importance of managing it effectively.
7. How money plays an important part in people's lives.
8. A basic understanding of enterprise.

Rights of children in PSHE.

Children will learn about their rights through circle time sessions, assemblies and workshops arranged by the school council.

Resources : <http://www.sccyp.org.uk/rights/uncrc>

Assessment Recording and Reporting

Teachers need to exercise caution in judging the individual performance of pupils, in terms of attitudes, values and behaviours apparent, as their own will undoubtedly have an influence on this process. Assessment needs to value and recognise what pupils have done or completed successfully, thereby raising their

self-esteem. A variety of approaches to the assessment of individual achievement will therefore need to be practiced by teachers. Achievements of pupils in PSHE and Citizenship are reported to parents at the end of each year.

Resources

Each class teacher is provided with the relevant section of the PSHCE and SEAL scheme of work for the year group they are teaching. This outlines the scheme of work, breaks down each term's units of work and provides suggestions for activities, appropriate worksheets and lists of resources. There are also various PSHE related books available as well as web-sites to enhance the study of PSHE.

Health and Safety Issues related to PSHE.

The school is committed to pay due regard to the health and safety issues of pupils when undertaking activities in PSHE. All trips and visits must be planned and organised in line with Stockton LA policy. It is very important that pupils and adults understand the need for safe practice in activities/visits made and how they should achieve this.

Equal Opportunities.

Our aim is to give all pupils an equal opportunity of receiving high quality PSHCE Education, regardless of physical or mental ability, race, gender and social circumstances. The coordinator monitors curriculum materials for racial and gender stereotyping. When planning lessons, staff pay close attention to detail for example of the roles boys and girls carry out in role-play and ensure chosen books reflect a multicultural society. Throughout the teaching of PSHCE explicit teaching and learning about discrimination and stereotyping takes place.

ICT in PSHE.

ICT will be used where appropriate to enhance learning in PSHCE. For example pupils may be asked to word process their work or access information from CD ROM's or websites. Holy Trinity Rosehill CE (VA) Primary School recognises the importance of using ICT throughout all areas of the curriculum.

Monitoring and Evaluation of Policy

The effectiveness and the implementation of this policy will be monitored by the Head teacher and the PSHCE co-ordinator on a regular basis. Certain sensitive aspects of the curriculum and their implementation will be regularly reviewed by the Head teacher, PSHCE co-ordinator and staff and, if appropriate, parents and governors will be consulted. New initiatives will similarly be reviewed and implemented when appropriate.

Management

The Co-ordinator will:

- Raise awareness amongst all staff of their contribution to the pupils' personal and social development.
- Establish a shared view of best practice to which all pupils are entitled.
- Lead policy development.
- Agree the main priorities for the pupils' personal and social development as well as identify the major opportunities for meeting these priorities across the curriculum.
- Provide appropriate support and training for staff.
- Monitor and evaluate the programme, including the use of outside agencies, and pupils' responses to the programme.
- Carry out a continuous process of review and development of the programme as part of the annual cycle of school improvement.
- Attend relevant LEA courses and network meetings.
- Order and monitor resources.

The PSHCE policy will be reviewed annually by the co-ordinator.

Signed: Angela Green & Eloise du Bruyn

Date: May 2015